

EMERGENCY PREPAREDNESS “GO PACK” INFORMATION



Dear Parents:

Each year we ask that you prepare a simple emergency “Go Pack” that contains emergency food and drink for your child. The “Go Pack” will be stored at school during the school year. At the close of the school year the Go Packs will be donated to the parish service center where the food and drink will be distributed to the less fortunate of our community.

The “Go Pack” bag should be a large 1 gallon zip lock bag of your choosing. Please make sure your child’s name and grade is written on it in a dark colored - permanent marker.

The Go Packs SHOULD CONTAIN THE FOLLOWING
(these are examples of items you may want to include):

- A container of protein
(3½ ounce pop-top cans of meat, tuna, Vienna sausage, etc. no glass jars please)
- Two snack foods (granola bars, dried fruit, fruit leather, nuts, seeds, trail mix, or raisins. Please - NO chocolate, cheese or peanut butter - as it will melt).
- Optional Items (small package of Kleenex, change of underwear, small cuddle toy, a small tube of sunscreen, toothbrush and small toothpaste). Please note that these items will NOT BE RETURNED, but will be donated at the end of the school year.

Parents are also asked to provide the following items which will be secured in the classroom emergency backpack and used only in the event of an emergency:

- A Family Comfort Letter (Write a short, reassuring note to your child. This is a love note saying you care for them and that they will be cared for at school!)
- Medications (if your child is on life sustaining meds (diabetes, seizures, etc.) include a list of meds in an extra “Go Pack” that will be placed in the classroom emergency backpack.)

Please note the following:

- *The school will provide water.*
- *Please make sure that nothing will require a can opener.*
- *All items need to be able to withstand high temperatures since they will be stored in the outside emergency bins.*

DUE DATE TO RETURN “GO PACKS”: The first Friday after the Labor Day weekend.

- Please note, in addition to the comfort food you are being asked to provide, the school maintains a supply of water and food bars on campus. These items are good for five years.
- We appreciate your cooperation and hope we’ll never have to use our “Go Packs”, however we can all rest a little easier knowing we are prepared!
- At the close of each school year, due to expiration dates and food shelf life, we will donate the unused GoPacks to the Saint Rose Service Center.

- The 8th grade is sponsoring a fundraiser, preparing and providing individual Go Packs for \$10.00 per pack. If you are interested in obtaining a pre-made pack please pick up an order form in the office or obtain one from the Gradelink site.